

Check any below that apply for you. Compare with your life-partner. As a couple, this will help you determine if Relationship Rendezvous is right for you.

What Do You Want More Of In Your Relationship?

- 1. Feel more understood
- 2. Be more understanding
- 3. More willingness to ask
- 4. Better listening skills
- 5. More happiness
- 6. Less anger
- 7. More compassion
- 8. Greater level of trust
- 9. Better sex and/or romance
- 10. Clearer vision of where we are going

- 11. More laughter and fun times together
- 12. Better decision-making
- 13. Less stress or distress
- 14. Greater willingness to share thoughts and/or feelings
- 15. An understanding of typical mistakes that destroy a relationship
- 16. More high-quality time together
- 17. Greater willingness to work together
- 18. Dealing more effectively with scepticism, indifference, and resistance
- 19. Engaging in more effective communication
- 20. More support for my needs

- 21. Feeling more valued
- 22. Being appreciated more
- 23. Better attitude
- 24. Becoming aware of what I need to do better
- 25. Greater sense of accountability
- 26. More help around the home/yard
- 27. Feeling greater acceptance
- 28. Less criticism and “put downs”
- 29. More hope for a bright future together
- 30. More passion for our relationship

- 31. Greater sense of security (i.e. relationship, finances, roles, etc.)
- 32. Better communication with in-laws
- 33. More respect for individual space
- 34. Improved clarification about boundaries
- 35. Other _____